



# INTERNATIONAL REGATTA LANZAROTE FOIL CHALLENGE 2023

## Los Charcos Windsurfing Club

### SAILING INSTRUCTIONS

#### 1. RULES

*The regatta will be governed by the Rules, as defined in the Racing Rules of Sailing 2021-2024, including Appendix B “Windsurfing Competition Rules (RCW)”*

*The Competition Regulations of the Canarian Sailing Federation.*

*[DP] The Class Rules.*

*[DP] The World Sailing Equipment Rules and the Equipment Instructions which are part of the Sailing Instructions.*

*RRS Rule B8 is replaced by A8*

*[DP] RRV Rule 40.1 “Personal Flotation Devices” is applicable at all times while they are afloat. (Modifies the R40 RRS and the Preamble of part 4 of the RRS.)*

*[NP][DP] COVID 19. Action protocol for the return to official non-professional state competitions published on the regatta website.*

*In all the Rules governing this event:*

*The infraction of the instructions indicated as [NP] will not be a reason for protests between boards. This modifies Rule 60.1(a).*

*The penalty for infractions of the racing instructions indicated as [SP] will be fixed, without hearing and imposed by the Race Committee or Technical Committee, in the most recently completed race, applied as indicated in Rule 44.3 RRS or a discretionary penalty imposed. by the protest committee with a hearing. (Modifies RRS Rules 63.1 and A5).*

#### 2. CHANGES TO THE SAILING INSTRUCTIONS

*Any modification in the regatta instructions will be announced in the TOA, at least 2 hours before the scheduled time for the warning signal of the first race of the day, except that any modification in the regatta program will be announced before 20:00 hours of the day prior to its effectiveness.*

#### 3. COMMUNICATION WITH PARTICIPANTS

*Notices to participants will be posted on the Official Notice Board (TOA), located on the regatta website:*

<https://lanzarotefoilchallenge.com/onb/>

*The Race Committee may create a WhatsApp group for information with the participants and support people.*

3.2. *The Race Office is located in Marina Rubicon in the Plaza de Capitanía.*





**3.3.** *At sea, the race committee will transmit and listen on VHF channel 69.*

## **4. CODE OF CONDUCT**

4.0. *[DP] All competitors and support persons will comply with any reasonable request of a race official.*

## **5. GROUND SIGNALS**

5.1 *Signals made on the ground will be given at the main signal mast located in the areabeaching of the boards between 07:00 and 08:00 on the day of the test.*

5.2 *In addition to the provisions of the "Regatta Signals" of the RRS, the following signals will be used:*

a) *When the 'GI' flag is dropped ashore, the words "1 minute" in the GI Race Signal Rule are replaced by "not less than 30 minutes".*

*This modifies the GI signal of Race Signals.*

b) *[NP][DP]The CIS flag "D" hoisted with a voice signal means:*

*"Participants can go to the regatta area." The next attention signal will be given no sooner than 30 minutes or before the scheduled time after this signal is raised, whichever is later.*

*Nonetable can leave the facilities on land before this signal is released, unless expressly authorized by the Race Committee (CR.).*

## **6. COMPETITION FORMAT**

The competition format will be fleet regatta.

## **7. EVENT SCHEDULE**

The event program will be updated through the regatta WhatsApp group:

On November 28, 2023, the regatta office will open, in Marina Rubicon or in a new place indicated, where registration and delivery of definitive regatta instructions will be made, delivery of stickers for sails, licras and other advertising elements of the event related to the organization.

At the skippers meeting after registration closes, to be held at the regatta office, between 6 and 7 p.m. in Marina Rubicón, the calendar of planned regatta days and the rest of the events organized by the championship will be specified.

On the day of round to Lanzarote, the race is scheduled to start at 8 in the morning on the Playa Blanca coast (you will go out into the water 15 minutes before at the Marina Rubicón ramp) and the event will end around 5pm in the afternoon in Marina Rubicón.

Previously, at 7:00 in the morning at the skippers' meeting prior to the round, the particularities planned for the day of the return will be detailed, depending on the weather conditions of the day, in which the departure and arrival lines will be specified and any other aspect.

The event program is as follows (considering that there is wind to sail every day and that December 2 was the ideal day to round Lanzarote)\*\*:



23 noviembre 2023	Jueves		Comienzo llegada de regatistas
24-26 noviembre 2023	Viernes a Domingo		Entrenamientos y visitas locales y regatistas disponibles
27 noviembre 2023	Lunes	11:30- 12:00 12:30- 14:00	Rueda de Prensa Presentación Oficial Islote de Fermina Regata Exhibición entre Fermina y Marina Rubicón
28 noviembre 2023	Martes	15:00- 17:00 17:00- 20:00	Registro Participantes Entrega Instrucciones de Regata Control de Equipamientos Reunión de patronos
29 noviembre 2023	Miércoles	14:00- 16:00 18:00- 20:00	Regata de Larga Distancia Visita Montaña Fuego y Cena Volcán Grill
30 noviembre 2023	Jueves	14:00- 16:00	Regata de Larga Distancia
1 diciembre 2023	Viernes	10:00- 12:00 12:00- 13:00 13:00- 18:00	Visita Salinas de Janubio Limpieza Playa Janubio Visita Costa Lanzarote y jornada sostenibilidad (Aves / Microplásticos)
<b>2 diciembre 2023</b>	Sábado Marina Rubicón Faro Pechiguera	7:15 h 7:45 h 8:00 h*	Reunión de Patronos Salida de las tablas al mar en Marina Rubicón Salida de la Regata cerca del Faro Pechiguera
	El Golfo	9:30 h*	Salida Regata El Golfo – La Santa
	La Santa	11:30 h*	Salida Tramo La Santa – La Graciosa
	La Graciosa	13:00 h*	Salida Tramo La Graciosa – Las Cucharas
	Las Cucharas	15:00 h*	Salida Tramo Las Cucharas – Playa Honda
	Playa Honda	15:30 h*	Salida Tramo Playa Honda - Rubicón
		17:00	Horario estimado llegada a Marina Rubicón
Marina Rubicón	18:20 h	Finalización de la Regata (recogiendo neumática o furgones a los que no hayan terminado o si ha habido retrasos por las condiciones)	
	20:00 h	Entrega de Trofeos y Cena Clausura Evento Hotel Dreams Playa Dorada	



To alert the boards that a test or sequence of tests will start shortly, the orange flag on the starting line will be raised with a sound for at least 3 minutes before giving them the warning signal.

\* Separate departures will be made, first the women and the locals and 5-10 minutes later the pro boys, and IQ united.

\*\* According to what was indicated above, the dates and times are estimated by meteorology. They are handled as dates: until December 6 (preferably). The final dates will be published in advance once the wind forecast is clear.

- For the safety of the regatta, it will NOT be allowed to move more than one mile from the coast, which will be calculated on the windsurfing table because the sailor, when looking at the coast, must always have in sight one of the organization's boats that are going along land.

- [NP] If you go too far away, you may be notified by the organization, and in case of repetition you may be disqualified in that section, scoring as last classified in that section.

- [NP] The time limit is established between 15 and 30 minutes from the arrival of the first classified in the section and if they arrive last in more than 2 sections, and outside the time limit, they may be disqualified and indicated that Retire at the nearest beach or port so as not to slow down the pace of the regatta and the scheduled times. Where a van from the organization will pick you up and take you to Marina Rubicón.

- [NP] Avoid affecting port areas and commercial maritime traffic, taking special caution with the ferries between Playa Blanca and Corralejo, as well as the lines between Órzola and La Graciosa and the entrance to the Los Mármoles Pier, moving sufficiently far away. of port entrances in case there are vessels approaching.

For the sections of other long distance regattas the previous days, we have planned the following routes:

Departure from the Islet of Fermina or La Concha, tour of the buoys and arrival at Marina Rubicón

Departure from Fermina Islet or La Concha, tour buoys and arrival at La Concha

Departure from Caleta de Famara to Graciosa and return

Departure from Caleta de Famara to Las Cucharas (Costa Teguisse)

Departure from Costa Teguisse (Las Cucharas) to El Charco del Palo, Las Caletas and return to Las Cucharas (Costa Teguisse)

Departure from Marina Rubicón to Lobos and return

Departure from Marina Rubicón to Puerto Calero and return

Departure from Pechiguera to El Golfo and return to Marina Rubicón

The days before the regatta and according to the expected wind, the route to be taken, the boats and buoys to be used and the estimated schedules will be specified.





## 8. CLASS FLAGS

The Class flag will be the CIS “W” flag

## 9. RACING AREA

9.0. The location of the regatta area is published in Annex 2.

9.1. The regatta area is defined as the surface of a polygon whose edge exceeds by 100 meters the shortest theoretical course that a regatta board could make.

9.2. The starting area is defined as the rectangle that covers an area of 75 meters windward and leeward of the starting line and 100 meters out from each end.

9.3. The finish area is defined as the rectangle that covers an area 50 meters upwind and leeward of the finish line and 50 meters out from each end.

## 10. ROUTES

Annex 1 shows the routes, including their name, the order in which the marks must be passed and the band by which each of them must be left.

Notices and indication of route sections will be mandatory, and no more than 1 minute should be separated from the coast under any circumstance.

## 11. BEACONS

**Exit Beacons:** Regatta Committee boat flying a colored blue flag and viewer boat hoisting a colored blue flag.

**Arrival Beacons:** Regatta Committee boat flying a blue flag and a yellow buoy

## 12. THE EXIT

**THE START WILL BE RABBIT START WITH THE VIEWER'S BOAT CROSSING THE START LINE IN THE DIRECTION OF THE COMMITTEE BOAT**

The start will be given according to Rule B.3.26.1 of the Windsurfing Competition Rules – System 1 with the warning signal given 4 minutes before the starting signal.

Any board that does not start before 4 minutes after its starting signal will be classified as “Did Not Start” without a hearing. This modifies Rules A5.1 and A5.2.

Sail numbers from boards identified as OCS, UFD or BFD may be displayed to the Race Committee once a race has been started.

## 13. FINISHING LINE

The finish line will be between the Regatta Committee boat flying a blue flag at the Finish Line and a yellow buoy or beacon.

## 14. ESTIMATED DURATION OF THE JOURNEY

The estimated duration of the tour and the time limits are shown below:





<b>Lessons</b>	<b>Duration Dear Tour</b>	<b>time limit</b>	<b>time limit after the 1st</b>
<b>windsurfing foiling</b>	9 H.	11 H	20 minutes

*A failure to comply with the intended time will not be grounds for requesting a repair. This modifies Rule 62.1(a).*

*A board that does not finish within the time limit, after the first board in its class navigates the course and finishes will receive, without an audience, the score of "DNF". This amends Rule 35, A5.1 and A5.2.*

## 15. PROTESTS AND REQUESTS FOR REDRESS

*Protest and Redress Request forms will be available at the Race Office.*

*The Protests and Requests for Repair or Reopening will be presented there within the corresponding time limit.*

*The protest time limit is 60 minutes after the last board has finished the last race of the day or the Race Committee has signaled that there are no more races that day, whichever is later.*

*Incrossing format, the time limit for protests is 2 minutes after the end of the event in which it is protested.*

*Special attention to Rule 61.1(a) of the Windsurfing Competition Rules that establishes:*

*"A board that intends to protest shall inform the other board at the earliest reasonable opportunity.*

*When your protest refers to an incident that occurred in the regatta zone in which he has been involved or witnessed, he must give a voice of "Protest".*

*You must also inform the arrivals committee of your intention to protest as soon as practical after finishing or leaving.*

*No later than 30 minutes after the end of the time limit for protests, a notice will be posted to inform the participants of the hearings in which they are parties or witnesses.*

*The hearings will be held in the Protest Room, located next to the Race Office.*

## 16. PUNCTUATION

*Appendix A of the Windsurfing Competition Rules, as amended by IR1.5, shall apply:*

- t) If less than 4 tests have been completed, the total score for each table will be the sum of all your points.**
- b) If between 5 and 6 races have been completed, each boat's total score will be the sum of all its points, **NO discarding its worst score.****

*A board alleging an error in the classifications or finishing orders will fill out a Results Review form available at the Regatta Office.*

## 17. SAFETY RULES [SP][DP][NP]





Sailors who do not leave the Club to sail the day's races will notify the Regatta Office.

17.1. A board that withdraws from a race shall notify the race committee at the earliest reasonable opportunity.

17.2. [SP] In the event that an "Intelligence" or "N" flag is hoisted over an "H" or "A" together with a white flag with a red cross on a committee ship, it will mean:

**"All boards must immediately return to port."**

Everything A participant who does not comply with this Sailing Instruction will receive a penalty of 10 points in the most recently held race. Not being able to be his score worse than a DNF.

## 18. MEASUREMENT CONTROLS [DP]

**A Board or Equipment can be inspected at any time to verify that it complies with its Class Rules and with the mandatory safety equipment.**

On the water, a board may be instructed by the Race Committee or Technical Committee to immediately proceed to a designated area for inspection.

## 19. EQUIPMENT REPLACEMENT [DP]

**Substitution is not allowed in the case of damaged or lost Equipment unless authorized by the Technical Committee.**

The request for substitution. This will be done at the first reasonable opportunity directly to the Race Committee during the races.

## 20. OFFICIAL BOAT IDENTIFICATIONS

The official boats will be identified.

## 21. BOARDS AND EQUIPMENT STORAGE AREA [DP][NP]

All sailors will have to leave their Boards and Equipment in the places assigned by the organization.

## 22. RESPONSIBILITY

All participants of the Vuelta a Lanzarote Regatta - Windsurfing Foil do so at their own risk and responsibility.

The Sailing Regattas Regulation (RRV) 3 establishes:

"The responsibility for a boat's decision to participate in a race or to continue the regatta rests solely with her."

By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks.

These risks include high winds and rough seas, sudden changes in weather, equipment failure, boat handling errors, mishandling of other boats, loss of balance on an unstable platform, and fatigue, which increases the risk of injury. .

Inherent in the sport of sailing is the risk of serious permanent injury or death from drowning, trauma, hypothermia or other causes.

Even so, they must sign a disclaimer sheet in front of the Organizing Authority.





*And they must have a federation card and/or equivalent civil liability and third-party insurance for a minimum amount of €100,000, regardless of the club's general insurance or the specific insurance for the event, both civil liability and third party.*

*For the safety of the participants, navigation with a vest and helmet will be mandatory, in addition it will be necessary for each participant to carry a mobile phone in a waterproof case with the eStela application, to monitor the Tracker of all the participants and be able to find if any of them suffered an unexpected.*

*All participants and companions will have the obligation to maintain ethical and environmental conduct to preserve the environment.*

*Failure to comply with this rule will lead to action by the Race Committee or the Protest Committee.*

*Royal Decree 62/2008 has the conditions of Maritime Safety, Navigation and Human Life at Sea applicable to Nautical sports tests.*

*Lanzarote, november 23, 2023.*



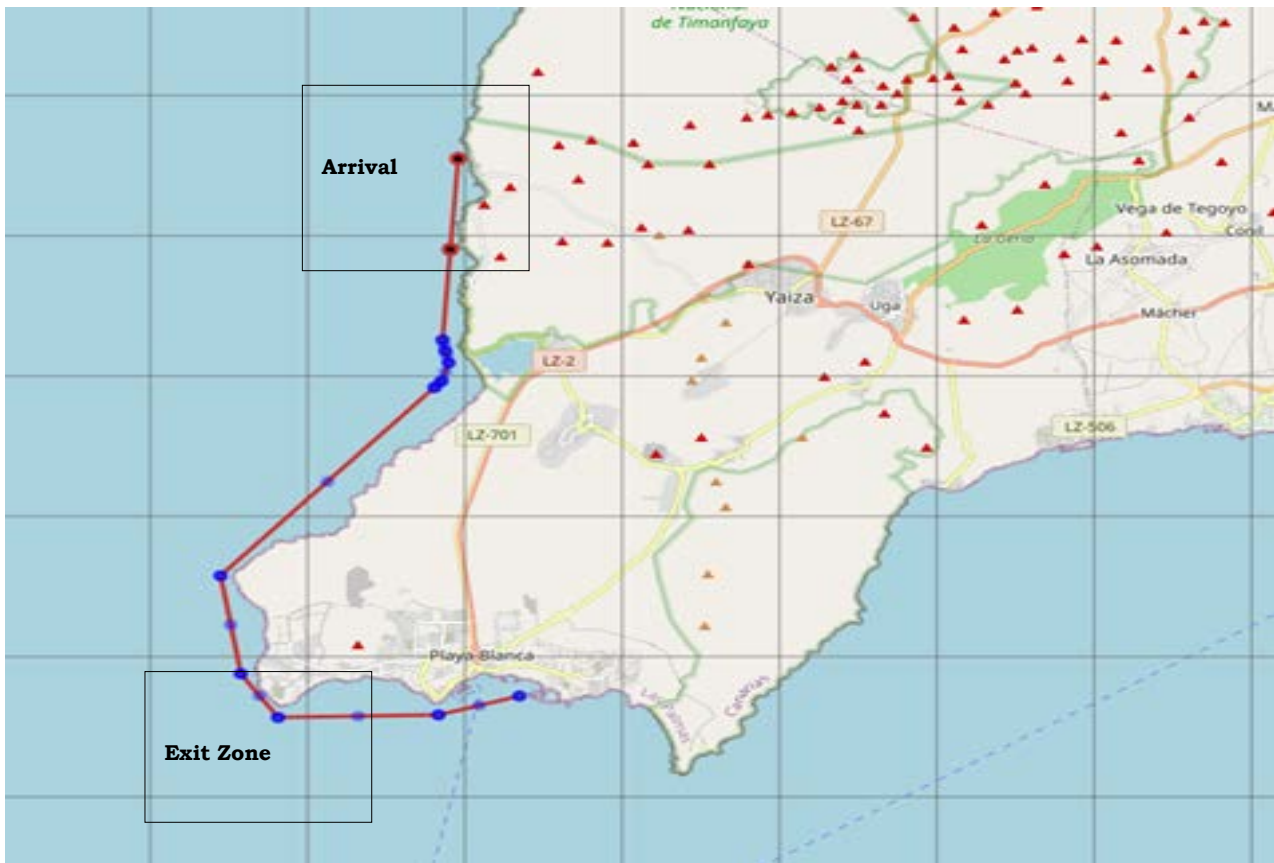


# Appendix 1 ROUTES

## 1st STAGE

### 1st Leg of Regatta:

Departure Pechiguera - Coast of Janubio - Coast of the town of El Golfo (Arrival)  
 Approximatedistance 12 Nautical Miles.



## NOTICES:

- **Avoid affecting maritime traffic between Playa Blanca and Corralejo.**
- **Risk of calm to reach Pechiguera**
- **Sea coast Charcones. Janubio Reef**



# Appendix 1 ROUTES

## 2nd STAGE

### 2nd Leg of Regatta:

Once all participants have crossed the finish line of the first section, leave from the starting line in front of the town of El Golfo, the fleet goes up the west coast of Lanzarote to the town of La Santa.

Estimated distance 13 miles.



### NOTICES:

- **Avoid volcanic coast, without beaches to stop. Calms in Tennessee**



# Appendix 1 ROUTES

## 3rd STAGE

### 3rd Leg of Regatta:

Leave from the starting line in front of the town of La Santa, going up next to the Famara cliff, to the Northeast area of La Graciosa, above the port of Caleta de Sebo.

Estimated distance 12.5 miles.



### NOTICES:

- **Avoid affecting maritime traffic.**
- **Very long stretch to the same board.**
- **Go to the Costa del Risco to avoid sailing in the open sea.**

Arrival



# Appendix 1 ROUTES

## 4th STAGE

### 4th Regatta Section:

The fleet will depart from the starting line facing north of the town of Caleta de Sebo, upwind to Punta de Fariones and the start of the run down to Las Cucharas Beach where there will be an arrival between the Committee boat and a buoy.

Estimated distance 20 miles.



### **NOTICES:**

- **Avoid affecting the Maritime Traffic of Órzola.**
- **Very long stretch to the same board across and with waves.**
- **Danger for the foil in the arrival with the reef of Las Cucharas**



# Appendix 1 ROUTES

## 5th STAGE

### **5th Regatta Section:**

Leave from the starting line in front of the Playa de Las Cucharas pier, downwind to Playa Honda where there will be an arrival between the Committee boat and a buoy.

Estimated distance 7.5 miles.



### **NOTICES:**

- **Avoid affecting maritime traffic.**
- **Stay away from the Los Mármoles dock, especially if there are ships approaching.**
- **Danger for the foil on the finish with the reef of Playa Honda**



# Appendix 1 ROUTES

## 6th STAGE

### **6th Regatta Section:**

Leave from the starting line in front of Playa Honda beach and downwind to Punta de Papagayo and from here to the arrival at the Marina Rubicon pontoon ramp.

Estimated distance 15 miles.



### **NOTICES:**

- **Avoid affecting maritime traffic from Corralejo to Playa Blanca.**
- **Possible calm in the Papagayo area.**
- **Danger for the foil with the Punta de Papagayo reef**



# Appendix 2 REGATTA AREA

